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LESSON 7:

# The Gospel of Jesus Christ

## Ponder: Who is Jesus Christ?

Ponder the following brief summary of the life and mission of Jesus Christ:

1. **Christ** (a Greek word) and **Messiah** (a Hebrew word) mean “**the anointed.**” Jesus Christ is the Firstborn of the Father in the spirit (Hebrews. 1:6; Doctrine and Covenants 93:21).
  2. He is the Only Begotten of the Father in the flesh (John 1:14; 3:16). He is Jehovah (Doctrine and Covenants 110:3–4) and was foreordained to His great calling before the creation of the world.
  3. Under the direction of the Father, Jesus created the earth and everything on it (John 1:14; Moses 1:31–33).
  4. He was born to Mary at Bethlehem, lived a sinless life, and made a perfect atonement for the sins of all mankind by the shedding of His blood and giving His life on the cross (Matthew 2:1; 1 Nephi 11:13–33; 3 Nephi 27:13–16; Doctrine and Covenants 76:40–42).
  5. He rose from the dead, thus assuring the eventual resurrection of all mankind. Through Jesus’ Atonement and Resurrection, those who repent of their sins and obey God’s commandments can live eternally with Jesus and the Father (2 Nephi 9:10–12; 21–22; Doctrine and Covenants 76:50–53, 62).
  6. Jesus Christ is the greatest being to be born on this earth. His life is the perfect example of how all mankind should live. All prayers, blessings, and priesthood ordinances should be done in His name. He is the Lord of lords, King of kings, the Creator, the Savior, and the God of the whole earth.
  7. Jesus Christ will come again in power and glory to reign on the earth during the Millennium. At the last day, He will judge all mankind (Alma 11:40–41; Joseph Smith—Matthew 1; also see “Jesus Christ” in Guide to the Scriptures.)
  8. Jesus Christ said of Himself: “I am the way, the truth, and the life: no man cometh unto the Father, but by me” (John 14:6).
- Study the testimony of Jesus Christ in “The Living Christ: Testimony of the Living Prophets.”
  - See [Gospel Library > Jesus Christ](#).



*What is your personal testimony of Jesus Christ?*



*Record Your Feelings:*

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## Study and Discuss: The Gospel of Jesus Christ

- Study the following from *Preach My Gospel*, Chapter 3, Lesson 3 “The Gospel of Jesus Christ,” including the scriptures referenced in each section.
  1. The Divine Mission of Jesus Christ
  2. The Gospel of Christ and Doctrine of Christ
  3. Faith in Jesus Christ
  4. Repentance through the Atonement of Jesus Christ
  5. Baptism, Our First Covenant with God
  6. The Gift of the Holy Ghost
  7. Endure to the End
- Plan to discuss what you learn with your missionary preparation class, your Sunday School teacher, quorum or auxiliary leader, a family member, a class member, or a friend.
- Write down the impressions you feel and ideas you learn through these discussions about the gospel of Jesus Christ.

## Prepare to Serve

- At least once a week until you are called to serve as a full time missionary, find someone who is not a member of the Church near you and share with them the message of the restoration of gospel of Jesus Christ. Recall and use the following points, which you learned in Lesson 4 “Teaching Effectively” in these *Missionary Preparation Lessons*.
  1. How Can I Improve My Teaching Skills?
  2. How to Begin Teaching
  3. Adjust Your Teaching to Meet Needs
  4. Invite Members to Help You Teach
  5. Use the Scriptures

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6. Teach for Understanding
  7. Ask Questions
  8. Listen
  9. Help People Resolve Their Concerns
- Adapt your lesson to one of the three lesson plans in *Preach My Gospel*, Chapter 3, Lesson 3 “The Gospel of Jesus Christ,” in the “Ideas for Teaching” section. You can develop your teaching skills by practicing using a different lesson plan each time.
  - Read and do all the exercises pertaining to the principle of self-reliance “Exercise Faith in Jesus Christ” in Chapter 2 of the self-reliance booklet *My Foundation for Self-Reliance*. If you have not done so, ask your quorum or auxiliary leader about joining a self-reliance group in your ward or stake. Plan to complete the twelve-week group process as part of your missionary preparation.