
LESSON 6:

The Plan of Salvation

Ponder: The Atonement of Jesus Christ

- Ponder the message of the great plan of salvation in the scriptures Moses 1:39; Abraham 3:22-28; Moses 6:55-68, and Alma 22:12-14.
- Before the world was organized, our Heavenly Father chose Jesus Christ to be our Savior and Redeemer, according to His Plan of Salvation. The atoning sacrifice of Jesus Christ made it possible for us to overcome the effects of the Fall of our first parents Adam and Eve.
- All the prophets since the world began have testified of Jesus Christ as our Redeemer. (See *Preach My Gospel*, Chapter 3, Lesson 2 “The Atonement of Jesus Christ,” Paragraph 1.)



Watch this video and write in your journal the most important points you learn:

I am the Bread of Life



Watch this video and write in your journal the most important points you learn:

I am the Light of the World



Why is the Atonement of Jesus Christ so central to the Plan of Salvation?



Record Your Feelings:

Study and Discuss: The Plan of Salvation

- Study the following sections from *Preach My Gospel*, Chapter 3, Lesson 2 “The Plan of Salvation,” including the scriptures referenced in each section.
 1. Premortal Life: God’s Purpose and Plan for Us
 2. The Creation

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3. Agency and the Fall of Adam and Eve
 4. Our Life on Earth
 5. The Atonement of Jesus Christ
 6. The Spirit World
 7. The Resurrection, Salvation, and Exaltation
 8. Judgment and Kingdoms of Glory
- Discuss what you learn with your missionary preparation class, your Sunday School teacher, quorum or auxiliary leader, a family member, a class member, or a friend.
 - Write down the impressions you feel and ideas you learn through these discussions about the Plan of Salvation.

Prepare to Serve

- Review in *Preach My Gospel*, Chapter 3, Lesson 2, the section “Ideas for Teaching.” Follow the guidelines given as you prepare to teach others about the Plan of Salvation.
- At least once a week until you are called to serve as a full time missionary, find someone who is learning the gospel, and use these guidelines to adapt your teaching about the Plan of Salvation to the person’s spiritual needs. Ask the person to give you feedback and suggestions on how you can improve. Develop your teaching skills by applying the suggested improvements.
- Read and do all the exercises pertaining to the principle of self-reliance Manage Money in Chapter 3 of the self-reliance booklet *My Foundation for Self-Reliance*. If you have not done so, ask your quorum or auxiliary leader about joining a self-reliance group in your ward or stake. Plan to complete the twelve-week group process as part of your missionary preparation.