
Africa Southeast Area Missionary Preparation Lessons

Leader's Guide

Leaders in the Africa Southeast Area are encouraged to take a personal interest in inviting and preparing young single adult men age 18 to 25, who have not served missions to prepare and serve. They are to likewise invite young single adult sisters who do not have current prospects for marriage and desire to serve a mission to prepare and serve. Efforts of these leaders will be rewarded as they offer mission preparation classes to prospective missionaries at stake or ward level depending on local circumstances.

The suggested missionary preparation lesson outlines will help stake presidents and bishops who desire to use an organized resource for preparing prospective missionaries in their units. The lessons will help the young people to become effective representatives of the Lord Jesus Christ when they are called to serve full time missions.

Kindly note the following when using these lessons:

The lessons and all supporting materials can be found online on the Africa Southeast Area website, africasoutheast.lds.org/missionary-preparation. All scriptures, videos, manuals, and handbooks referenced within each lesson can be accessed in the [Gospel Library App](#) for smartphones and tablets or at the global Church website, ChurchofJesusChrist.org.

The lessons are organized to be taught progressively at the rate of one lesson per week. It is recommended that the twelve lessons be taught in consecutive weeks. For this reason, leaders may find it advantageous to organize the lessons as part of a self-reliance group process, which usually lasts twelve weeks as well.

The lessons are arranged for personal or class study. Where classes are organized, teachers should invite and encourage each participant to do much of the study before coming to class. Class time lasting about one hour can then be devoted to discussion that deepens understanding. Where classes are not possible, stake presidents and bishops may encourage elders quorum and Relief Society presidents to assign a caring ministering brother to a male prospective missionary or a caring ministering sister to a female prospective missionary to assist them with the discussions — these leaders should regularly monitor the progress of the learning process to ensure that the purposes of the preparation training are being achieved.

Each lesson is arranged in a pattern that facilitates learning and application:

1. **Ponder:** Invites the learner to engage with the main theme of the topic.
2. **Study and Discuss:** Invites the learner to study the core principles of the topic in detail. *Preach My Gospel* is the main resource for eleven of

the twelve lessons. Additional resources to be used are the *Missionary Handbook*, the self-reliance booklet *My Foundation for Self-Reliance*, and the gospel teaching guidebook, *Teaching in the Savior's Way*. All quoted resources are available in all the major languages used in the Church in the Africa Southeast Area.

- 3. *Prepare:*** Invites the learner to apply knowledge gained through study and discussion. In this way, learners obtain a personal testimony of the principles learned, and become ready to apply them when they are called to full-time missionary service.

Diligent use of the lesson outlines will help prepare full-time missionaries who will find joy in serving, bless those they teach, and become true followers of Jesus Christ.

The Africa Southeast Area Presidency